

A's 2010 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 28 Introductions Safe Entries Swimming Evaluation	June 29	June 30 Uniforms Distributed Running Beach Tour Tower Operations	July 1 Training Day 10'6" Paddleboards	July 2 Picture Day
July 5 NO JUNIOR GUARDS!!!	July 6 Mock Rescues	July 7 Boat Trip #1 Time Trial	July 8 Super Workout	July 9 InterSquad Competition
July 12 Taffy's Pizza Fundraiser 11am-9pm	July 13 Training for Competitions Evaluation #1	July 14 Boat Trip #2 Paddle Day	July 15 Relay Day	July 16 Carpinteria Competition 9am – 2 pm (Flyer will come home)
July 19 Evaluation # 1 Training for Competitions	July 20 A & C Bonding Day Movie Night #1	July 21 Time Trials Boat Trip # 1	July 22 Relay Day	July 23 Regionals (Pacific Beach, San Diego) (Flyer will come home)
July 26 A's Jalama Surf Day (Flyer will come home) 8:00 depart East Beach 6:30 arrive back	July 27 Code X Circuit Training	July 28 Relays and Mock Rescues	July 29 Fun Training Day	July 30 Fiesta Competition At East Beach 9:00am – 2:00pm (Flyer will come home)
August 2 Training Day Evaluation #2	August 3 Stud Ironman Followed by Kick Back Day Movie Night #2	August 4 Game Day	August 5 Nationals (Huntington Beach) (Flyer will come home) Leadbetter Day	August 6 Training Day
August 9 Rincon Surf Day	August 10 Pier Run Challenge	August 11 Pier Swim Challenge	August 12 Ventura Competition 9am – 2:30pm (Flyer will come home)	August 13 Last Day of J.G.'s Banquet at Chase Palm Park 5-7pm